

2024

SEPTEMBER

B.I.C. 2: Boyd, Casey, Henry, Kelley, Kordyak, Morgan, Myers, Simpson, Trapp

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HAPPY LABOR DAY

3
POP-TARTS
CRAISINS

4
MAPLE PANCAKE &
CHICKEN SAUSAGE
SANDWICH
APPLE STRAWBERRY CRISPS

5
DOUBLE CHOCOLATE CHIP
BAR
SLICED APPLES

6
PINK CONCHA
ORANGE JUICE

9
OATMEAL CHOCOLATE
CHIP BAR
CRAISINS

10
FRESH BAKED CINNAMON
ROLL
GRAPES

11
ULTIMATE BREAKFAST
ROUND
BANANA

12
MINI CONFETTI PANCAKES
SLICED APPLES

13
WHITE CONCHA
APPLE JUICE

16
FRENCH TOAST BAR
CRAISINS

17
EGG & CHEESE BREAKFAST
SANDWICH
GRAPES

18
SUPER DONUT
APPLE-STRAWBERRY CRISPS

19
FUN N' FRUITTI WAFFLE
SLICED APPLES

20
MINI CHOCOLATE MUFFIN
W/STRING CHEESE
ORANGE JUICE

23
CHOCOLATE MUFFIN
CRAISINS

24
MINI CINNI'S
GRAPES

25
BREAKFAST CLUSTER
BANANA

26
HONEY SCOOTERS
SLICED APPLES

27
HOMEMADE BANANA
BREAD
APPLE JUICE

30
BREAKFAST BURRITO
CRAISINS

VITAMIN B12 supports energy, brain function and mood.
VITAMIN B12 can be found in: Poultry, Eggs, Milk, Yogurt, Cheese, Bananas, and Fish.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>LABOR DAY</p>	<p>3</p> <p>Chicken Corn Dogs Yogurt & Graham Crackers Seasoned Black Beans Romaine Salad Carrot Sticks Apples Ranch Dressing Catsup Mustard</p>	<p>4</p> <p>White Mac & Cheese Yogurt & Graham Crackers Romaine Salad Sliced Cucumbers Grapes Ranch Dressing</p>	<p>5</p> <p>Red(Turkey)Pozole w/Tortilla Chips Yogurt & Graham Crackers Shredded Cabbage Lemon Wedges Jicama Sticks Mixed Fruit</p>	<p>6</p> <p>Ham & Cheese Grinder Yogurt & Graham Crackers Romaine Salad Green Beans Apples Pears Sandwich Spread Ranch Dressing</p>
<p>9</p> <p>Fish Sticks Yogurt & Graham Crackers French Fries Romaine Salad Apples Strawberries Ranch Dressing Catsup 1oz</p>	<p>10</p> <p>Chicken Tenders w/Cheez It's Yogurt & Graham Crackers BBQ Beans Romaine Salad Grape Tomatoes Bananas Ranch Dressing Catsup</p>	<p>11</p> <p>Beef Italian Meatball Sub w/ Cheese Yogurt & Graham Crackers Romaine Salad Celery Sticks Grapes Ranch Dressing</p>	<p>12</p> <p>Turkey Combo Burritos Yogurt & Graham Crackers Romaine Salad Mixed Fruit Blueberries Jicama Sticks Ranch Dressing Salsa 1oz</p>	<p>13</p> <p>Deluxe Chili Cheese Nachos Yogurt & Graham Crackers Romaine Salad Carrot Sticks Apples Ranch Dressing Salsa</p>
<p>16</p> <p>Roasted Chicken w/Mashed Potatoes & Roll Yogurt & Graham Crackers Romaine Salad Green Beans Apples Ranch Dressing</p>	<p>17</p> <p>Beef Enchilada Casserole Yogurt & Graham Crackers Seasoned Pinto Beans Romaine Salad Sliced Cucumbers Bananas Ranch Dressing Salsa</p>	<p>18</p> <p>Cheeseburgers Yogurt & Graham Crackers Shredded Lettuce Carrot Sticks Grapes Applesauce Ranch Dressing Catsup Mustard</p> <p>National Cheeseburger Day!</p>	<p>19</p> <p>NEW! Curried Chicken w/Rice Yogurt & Graham Crackers Romaine Salad ½ Green Beans Orange Slices Cool Tropics Ranch Dressing</p>	<p>20</p> <p>Cheesy Ravioli w/Marinara & Breadstick Yogurt & Graham Crackers Romaine Salad Broccoli Apples Pineapple Ranch Dressing</p>
<p>23</p> <p>Turkey Soft Tacos w/Cheese Yogurt & Graham Crackers Shredded Lettuce Seasoned Pinto Beans Apples Salsa Ranch Dressing</p>	<p>24</p> <p>Teriyaki Chicken w/Rice Yogurt & Graham Crackers Romaine Salad Fresh Broccoli Bananas Pears Ranch Dressing</p>	<p>25</p> <p>Beef Lasagna Yogurt & Graham Crackers Romaine Salad Steamed Green Beans Pears Grapes Ranch Dressing</p>	<p>26</p> <p>Domino's Cheese Pizza Yogurt & Graham Crackers Chocolate Cake, Frosted w/Sprinkles Romaine Salad Grape Tomatoes Strawberries Ranch Dressing</p>	<p>27</p> <p>Bean & Cheese Pupusa Yogurt & Graham Crackers Romaine Salad Jicama Sticks Apples Ranch Dressing Salsa</p> <p>National Chocolate Milk Day!</p>
<p>30</p> <p>Teriyaki Beef Dippers w/Rice Yogurt & Graham Crackers Romaine Salad Fresh Broccoli Apples Peaches Ranch Dressing</p>	<p>September</p>			<p>Beef Chicken Pork Vegetarian Turkey Fish</p>